

H. Isabella Lanza, Ph.D.

Curriculum Vitae

California State University, Long Beach (CSULB)

Human Development

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Long Beach, CA 90840

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Email: Isabella.Lanza@csulb.edu

RESEARCH OVERVIEW

As a developmental psychologist and public health scientist my research program seeks to inform relationships between health-risk behaviors across adolescence and young adulthood. This work examines biobehavioral, socio-contextual, and psychological processes that underlie developmental pathways to co-occurrence. I am particularly interested in substance use risk (e.g., nicotine/tobacco use) among obese adolescents. Utilizing my graduate training in developmental psychopathology and postdoctoral training in addictive behaviors, I employ latent variable modeling to examine cross-sectional and longitudinal data across community-based populations.

EDUCATION

Postdoctoral Fellowship

July 2010-August 2012

University of California, Los Angeles

National Institute on Drug Abuse (NIDA) T32 Training Program in Addiction Health Services Research at Integrated Substance Use Programs
Semel Institute for Neuroscience and Human Behavior

Ph.D. Development Psychology

August 2006-May 2010

Temple University

Dissertation: Co-occurring oppositional defiant and depressive symptoms: Emotion dysregulation as an underlying process and developmental patterns across middle childhood

M.A. Clinical Psychology

January 2004-December 2005

Pepperdine University

Marriage and Family Therapist (MFT) coursework and practicum

B.A. English and Psychology

September 1998-June 2002

Williams College

Study Abroad 2000-2001, University of Westminster, London, England

PROFESSIONAL POSITIONS

Current Appointments

Associate Professor August 2019-present
 Department of Human Development, California State University, Long Beach
Director of Research August 2020-present
 College of Liberal Arts, California State University, Long Beach

Past Appointments

Assistant Professor August 2014-July 2019
 Department of Human Development, California State University, Long Beach
Research Associate September 2012-July 2014
 Integrated Substance Abuse Programs, Semel Institute for Neuroscience and Human
 Behavior, University of California, Los Angeles
Adjunct Instructor August 2012-May 2014
 Department of Child and Adolescent Development, California State University,
 Northridge
Adjunct Instructor Summer 2012
 Department of Psychology, University of California, Los Angeles
Postdoctoral Fellow July 2010-August 2012
 Integrated Substance Abuse Programs, Semel Institute for Neuroscience and Human
 Behavior, University of California, Los Angeles
Adjunct Instructor May 2008-May 2010
 Department of Psychology, Temple University

HONORS AND AWARDS

Professors around the World, CSULB International Education/Global Engagement Award 2019
 Statistics Training Award, CSU Social Science Research and Instructional Council 2018
 Faculty Recognition, CSULB Educational Opportunity Program 2018
 Faculty Travel Award, College of Liberal Arts, CSULB 2014-2019
 Society for Prevention Research Early Career Prevention Network Travel Award 2008-2011
 The College on Problems of Drug Dependence Primm-Singleton Minority Travel Award 2010
 Society for Prevention Research Minority Travel Award 2010, 2008
 Summer Institute on Longitudinal Methods Scholarship, The Pennsylvania State University 2009
 Society for Research in Child Development Latino Caucus Travel Award 2009
 Society for Research in Child Development Student Travel Award 2009
 Future Faculty Fellowship, Temple University 2006-2008

GRANTS

Funded Grants

NIH/National Institute of General Medical Sciences (NIGMS) SC3GM125548
Support of Competitive Research (SCORE) Research Continuance Award (SC3)
Title: Pathways and Processes to Co-occurring Obesity and Tobacco Use in Emerging Adults
Role: Principal Investigator
Date: 05/01/2020-03/31/24
Total Funds: \$442,500

NIH/National Cancer Institute (NCI) 2U54CA180905
PIs: Adam Leventhal and Mary Ann Pentz
Title: Tobacco Center of Regulatory Science
Role: Co-Investigator
Date: 09/01/2019-08/31/2020
Total Funds for Co-I Role: \$48,932

Specific Discipline Internal Research Grant, CSULB Office of Research and Sponsored Programs and Small Faculty Grant, CSULB College of Liberal Arts
Title: Biobehavioral, Social-contextual, and Psychosocial Processes Underlying Co-occurring Obesity and E-cigarette/Vaping Use
Role: Principal Investigator
Date: 07/01/18-06/30/19
Total Funds: \$15,000

Research Stimulation Grant, NIH-funded CSULB Building Infrastructure Leading to Diversity (BUILD) program
Title: Health-risk Behaviors among Undergraduates: The Rise of E-cigarette/Vaping Use and its Co-occurrence with Obesity
Role: Principal Investigator
Date: 09/14/15-09/13/16
Total Funds: \$10,000

NIH/National Institute of Drug Abuse (NIDA) RO3DA033497
Title: Obesity and Substance Use: Identifying Pathways and Processes in Adolescence
Role: Principal Investigator
Date: 09/15/2012-05/31/2015
Total Funds: \$121,778.00

NIH/National Institute of Drug Abuse (NIDA) P30DA016383
PI: Yih-Ing Hser
Title: Center for Advancing Longitudinal Drug Abuse Research (CALDAR)
Role: Co-Investigator
Date: 09/15/2012-01/15/2014
Total Funds for Co-I Role: \$52,624

NIH/National Institute of Child Health and Human Development (NICHD) RO3HD64619
NIH/National Institute of Mental Health (NIMH) RO3MH084434
PI: David Huang
Titles: Development of Childhood Obesity and High-risk Behavior in Adolescence (NICHD);
Trajectories of HIV Sexual Risks: Impacts of Drug Use, Mental Health, and Criminality (NIMH)
Role: Project Coordinator
Date: 12/25/10-12/24/12 (NICHD grant); 12/01/10-05/31/11 (NIMH grant)
Total Funds for Project Coordinator Role: \$35,880

Non-Funded Grants

NIH/National Institute of Child Health and Human Development (NICHD) RO3HD07092
Title: Pathways and Processes Underlying Obesity and Externalizing Behaviors in Childhood
Role: Principal Investigator
Submitted: 03/16/12
Impact Score: 22 (12th percentile; 2013 NICHD RO3 payline: 9th percentile)

PUBLICATIONS

(* denotes undergraduate mentee)

Peer Reviewed Publications

Braymiller, J. L., Barrington-Trimis, J. L., Leventhal, A. M., Islam, T., Kechter, A., Krueger E. A.,
Cho, J., **Lanza, H. I.**, Unger, J. B., & McConnell, R. (*in press*). Associations of nicotine and
cannabis vaping with respiratory symptoms in young adults. *JAMA Network Open*.

Lanza, H. I., Leventhal, A. M., Cho, J., Braymiller, J. L., McConnell, R. S., Krueger, E. A., &
Barrington-Trimis, J. L. (2020). Young adult e-cigarette use: A latent
class analysis of device and flavor characteristics, 2018-2019. *Drug and Alcohol
Dependence, 216*, 108258.

Lanza, H. I., Motlagh, G.*, & Orozco, M.* (2020). E-cigarette use among young adults: A
latent class analysis examining co-use and correlates of nicotine vaping. *Addictive
Behaviors, 110*, 106528.

Lanza, H. I., Pittman, P.*, & Hser, Y. I. (2020). Parenting with a substance abuse history: The
moderating role of parenting behaviors on obesity and internalizing symptoms in
adolescence. *Youth and Society, 52*, 1436-1456.

Lanza, H. I., Barrington-Trimis, J. L., McConnell, R. S., Cho, J., Braymiller, J. L., Krueger, E. A.,
& Leventhal, A. M. (2020). Trajectories of nicotine and cannabis vaping and
poly-use from adolescence to young adulthood. *JAMA Network Open, 10*, e2019181.
PMCID: PMC7539114

Lanza, H. I., & Pittman, P.* (2019). A peek past the vape clouds: Vape shops in Long Beach,
CA, 2015-2018. *Tobacco Regulatory Science, 5*, 447-455. PMCID: PMC7462366

- Schulte, M. T., Marelich, W., **Lanza, H. I.**, Goodrum, N. M., Armistead, L., & Murphy, D. A. (2019). Alcohol use, mental health, and parenting practices among HIV-positive mothers. *Journal of HIV/AIDS & Social Services, 18*, 111-128. PMID: PMC7413222
- Lanza, H. I.**, Echols, L., Graham, S. (2018). A silver lining: The role of ethnic diversity on co-occurring trajectories of weight status and peer victimization across early adolescence. *Journal of Adolescent Health, 63*, 554-560. PMID: PMC6752051
- Lanza, H. I.**, & Teeter, H. R.* (2018). Electronic nicotine delivery systems (e-cigarette/vape) use and co-occurring health-risk behaviors among an ethnically diverse sample of young adults. *Substance Use & Misuse, 53*, 151-161. PMID: PMC5825211
- Lanza, H. I.**, Pittman, P.*, & Batshoun, J.* (2017). Obesity and cigarette smoking: Extending the link to e-cigarette/vaping use. *American Journal of Health Behavior, 41*, 338-347. PMID: PMC5506838
- Lanza, H. I.**, Grella, C. E., & Chung, P. J. (2015). Adolescent obesity and future substance use: Incorporating the psychosocial context. *Journal of Adolescence, 45*, 20-30. PMID: PMC4674346
- Lanza, H. I.**, & Huang, D. (2015). Is obesity associated with school dropout? Key developmental and ethnic differences. *Journal of School Health, 85*, 663-670. PMID: PMC4603989
- Hser, Y. I., **Lanza, H. I.**, Li, L., Khan, E., Evans, E., & Schulte, M. (2015). Maternal mental health and children's internalizing and externalizing behaviors: Beyond maternal substance use disorders. *Journal of Child and Family Studies, 24*, 638-648. PMID: PMC4349431
- Lanza, H. I.**, Grella, C. E., & Chung, P. J. (2014). Does adolescent weight status predict problematic substance use patterns? *American Journal of Health Behavior, 38*, 708-716. PMID: PMC4066210
- Huang, D., **Lanza, H. I.**, & Anglin, M. D. (2014). Trajectory of adolescent obesity: Exploring the impact of prenatal to childhood experiences. *Journal of Child and Family Studies, 23*, 1090-1101. PMID: PMC4201654
- Lanza, H. I.**, Echols, L., & Graham, S. (2013). Deviating from the norm: Body mass index (BMI) differences and psychosocial adjustment among early adolescent girls. *Journal of Pediatric Psychology, 38*, 376-386. PMID: PMC3633251
- Huang, D., **Lanza, H. I.**, & Anglin, M. D. (2013). Association between adolescent substance use and obesity in young adulthood: A group-based dual trajectory analysis. *Addictive Behaviors, 38*, 2653-2660. PMID: PMC3777808

- Lanza, H. I.**, Huang, D., Murphy, D. A., & Hser, Y. I. (2013). A latent class analysis of maternal responsiveness and autonomy-granting in early adolescence: Prediction to later adolescent sexual risk-taking. *Journal of Early Adolescence, 33*, 404-428. PMID: PMC3697916
- Huang, D., **Lanza, H. I.**, Wright-Volel, K., & Anglin, M. D. (2013). Developmental trajectories of childhood obesity and risk behaviors in adolescence. *Journal of Adolescence, 36*, 139-148. PMID: PMC3530618
- Murphy, D. A., Marelich, W., **Lanza, H. I.**, & Herbeck, D. (2012). Effects of maternal HIV on children's psychosocial adjustment with peers and with their mothers. *Vulnerable Children and Youth Studies, 7*, 357-370. PMID: PMC3532885
- Huang, D., **Lanza, H. I.**, Murphy, D. A., & Hser, Y.I. (2012). Parallel development of risk behaviors in adolescence: Potential pathways to co-occurrence. *International Journal of Behavior Development, 36*, 247-257. PMID: PMC3904442
- Lanza, H. I.**, & Drabick, D. A. (2011). Family routine moderates the relation between child impulsivity and oppositional defiant disorder (ODD) symptoms. *Journal of Abnormal Child Psychology, 39*, 83-94. PMID: PMC3066087
- Drabick, D. A., Bubier, J., Chen, D., Price, J., & **Lanza, H. I.** (2011). Source-specific oppositional defiant disorder among inner-city children: Prospective prediction and moderators. *Journal of Clinical Child & Adolescent Psychology, 40*, 23-35. PMID: PMC3076609
- Lanza, H. I.**, & Taylor, R. D. (2010). Parenting in moderation: Family routine moderates the relation between school disengagement and delinquent behaviors among African American adolescents. *Cultural Diversity and Ethnic Minority Psychology, 16*, 540-547.

Book Chapter

- Drabick, D. A., Price, J., **Lanza, H. I.**, & Chen, D. (2010). Decreasing heterogeneity in oppositional defiant disorder and early-onset conduct disorder: Potential subtypes, external validators, and diagnostic implications. In F. Columbus (Ed.), *Disruptive Behaviors: Diagnosis, Causes, and Interventions*. Huntington, NY: Nova Science.

Works in Progress

- Lanza, H. I.**, Bello, M., Cho, J., Barrington-Trimis, J. L., McConnell, R. S., Braymiller, J. L., Krueger, E. A., & Leventhal, A. M. (revise and resubmit). Tobacco and cannabis poly-substance and poly-product use trajectories across adolescence and young adulthood.
- Lanza, H. I.** (revise and resubmit). Weighing the risk: Processes and pathways to co-occurring obesity and substance use in adolescence and emerging adulthood.
- Braymiller, J. L., Riehm, K. E., Meier, M., Krueger, E. A., Unger, J. B., Barrington-Trimis, J. L., Cho, J., **Lanza, H. I.**, Madden, D. M., Kechter, A., & Leventhal, A. M. (revise and resubmit).

Associations of Alternative Cannabis Product Use and Poly-Use with Subsequent Illicit Drug Use Initiation During Adolescence.

Krueger, E. A., Bellow, M. S., Unger, J. B., Cruz, T. B., Barrington-Trimis, J. L., , Braymiller, J., **Lanza, H. I.**, Chen-Sankey, J. C., Cho, J., McConnell, R. S., & Leventhal, A. M. (revise and resubmit). Sociodemographic differences in young adult exposure to tobacco and cannabis marketing via Internet and television/film.

Lanza, H. I., Orozco, M.*, & Motlagh, G.* (in preparation). The weight of discrimination: The moderating role of discrimination on obesity and substance use among young adults.

PRESENTATIONS

(* denotes undergraduate mentee)

Peer Reviewed Presentations

Lanza, H. I., Motlagh, G.*, & Orozco, M.* (2021). Who is at risk for frequent e-cigarette/vaping use? A latent class analysis of young adult substance use behaviors. Poster accepted to the biennial meeting of the Society for Research in Adolescence, San Diego, CA.

Lanza, H. I., Orozco, M.*, & Motlagh, G.* (2020). The weight of discrimination: Perceived discrimination as a moderator of obesity and binge drinking in young adults. Poster accepted to the biennial meeting of the Society for Research in Adolescence, San Diego, CA. Canceled due to COVID-19 pandemic.

Orozco, M.*, & **Lanza, H. I.** (2020). Is social support always positive? The moderating role of social support on deviant peer affiliation and vaping/marijuana use among young adults. Poster accepted to the annual meeting of the Western Psychological Association, San Francisco, CA. Canceled due to COVID-19 pandemic.

Lanza, H. I., & Pittman, P.* (2019). A peek behind the (fading) vape clouds: The physical and social environment of vape shops in Long Beach, California and their decline from September 2015- September 2018. Poster presented to the annual meeting of the International Convention of Psychological Science, Paris, France.

Pittman, P.*, & **Lanza, H. I.** (2018). Mothers' parental behaviors: Do they play a role in obese adolescent's risk of internalizing symptoms? Poster presented to the annual meeting of the Association on Psychological Science, San Francisco, CA.

Lanza, H. I., & Pittman, P.* (2018). Risk/protective factors of obesity across adolescence varies by gender and ethnicity. Poster presented to the biennial meeting of the Society for Research in Adolescence, Minneapolis, MN.

Pittman, P.*, **Lanza, H. I.** (2017). Results from a checklist-based vape shop observation instrument. Poster presented to the annual meeting of the Western Psychological Association, Sacramento, CA.

- Lanza, H. I., Pittman, P.* , & Batshoun, J.*** (2017). Introducing e-cigarette/vaping use into the relationship between weight status and tobacco use. Poster presented to the biennial meeting of the International Convention on Psychological Science, Vienna, Austria.
- Perez, J.* , & **Lanza, H. I.** (2016). An enticing vape culture: Interest in vaping and its ties to friends' vape use. Poster presented to the annual meeting of the Society for Prevention Research, San Francisco, CA.
- Lanza, H. I., Pittman, P.* , Batshoun, J.* , Ruiz, N.* , Castellano, C.* , Perez, J.* , & Teeter, H.*** (2016). Attitudes, behaviors, and motivations for e-cigarette/vaping use: Vape culture in young adults. Poster presented to the annual meeting of the Association of Psychological Science, Chicago, IL.
- Pittman, P.* , **Lanza, H. I.** , & Batshoun, J.* , (2016). College students feeling stressed and depressed? They may benefit from better self-control. Poster presented to the annual meeting of the Association of Psychological Science, Chicago, IL.
- Lanza, H. I., Pittman, P.* , Batshoun, J.* , Ruiz, N.* , Castellano, C.* , & Perez, J.*** (2016). Vape culture in Long Beach, CA: A look from the inside. Poster presented to the annual meeting of the Western Psychological Association, Long Beach, CA.
- Perez, J.* , Castellano, C.* , Pittman, P.* , & **Lanza, H. I.** (2016). Behind the vape clouds: Understanding vape culture in Long Beach, CA. Poster presented to the annual meeting of the Western Psychological Association, Long Beach, CA.
- Lanza, H. I., Grella, C. E., & Del Carmen, K*.** (2016). Obese vs. non-obese adolescents risk of regular cigarette smoking: The moderating role of gender and ethnicity. Poster presented to the biennial meeting of the Society for Research in Adolescence, Baltimore, MD.
- Lanza, H. I., Grella, C. E., & Chung, P. J.** (2015). Taken out of context: Understanding the relationship between adolescent weight status and future substance use. Poster presented to the annual meeting of the Association on Psychological Science in New York, NY.
- Lanza, H. I., Grella, C. E., & Chung, P. J.** (2014). Adolescent obesity and future risk behaviors: Ethnicity is key. Poster presented to the annual meeting of the Association on Psychological Science in San Francisco, CA.
- Lanza, H. I., Grella, C. E., & Chung, P. J.** (2014). Is adolescent obesity a predictor of future risky substance use? Identifying links with problematic substance use patterns. Paper presented to the biennial meeting of the Society for Research in Adolescence, Austin, TX.
- Echols, L., **Lanza, H. I.** , & Graham, S. (2014). In vs. out: The social consequences of deviating from BMI norms for same- and cross-ethnic peers using data from a diverse sample of

6,000 middle school students. Paper presented to the biennial meeting of the Society for Research in Adolescence, Austin, TX.

Lanza, H. I., Echols, L., & Graham, S. (2013). Deviating from the norm: Body mass index (BMI) differences and psychosocial adjustment among early adolescent girls. Paper presented to the biennial meeting of the Society for Research in Child Development, Seattle, WA.

Lanza, H. I., & Huang, D. (2013). Obesity and school dropout: Key developmental and ethnic differences. Paper presented to the biennial meeting of the Society for Research in Child Development, Seattle, WA.

Symposium chair. (2013). Obesity and BMI from early childhood to adolescence. Paper symposium at the biennial meeting of the Society for Research in Child Development. Seattle, WA.

Lanza, H. I., Hser, Y. I., & Glick, N. (2013). Employing latent class analysis to identify associations between maternal substance use and children with highest risk of co-occurring behavioral and emotional problems. Poster presented to the annual meeting of the College of on Drug Dependence, San Diego, CA.

Hser, Y. I., **Lanza, H. I.,** Li, L., & Kahn, E. (2013). Maternal mental health and children's internalizing and externalizing behavior: Beyond mother's substance abuse history. Poster presented to the annual meeting of the College of on Drug Dependence, San Diego, CA.

Huang, D., **Lanza, H. I.,** Wright-Volel, K., & Anglin, M. D. (2012). Associations between adolescent substance use and obesity in young adulthood: A dual trajectory analysis. Poster presented to UCLA CALDAR Summer Institute on Longitudinal Research, Marina Del Rey, CA.

Huang, D., **Lanza, H. I.,** Wright-Volel, K., & Anglin, M. D. (2012). Developmental trajectories of child obesity and risk behaviors in adolescence. Poster presented to the annual meeting of the College of Problems on Drug Dependence, Palm Springs, CA.

Lanza, H. I., Huang, D., Murphy, D. A., & Hser, Y. I. (2012). A latent class analysis of parenting style in early adolescence: Prediction to sexual risk-taking in mid adolescence. Poster presented to the biennial meeting of the Society for Research in Adolescence, Vancouver, Canada.

Lanza, H. I., Herbeck, D. M., & Murphy, D. A. (2011). Adolescents with a chronically ill mother: Peer support moderates associations between avoidant coping and internalizing symptoms. Poster presented at the annual meeting of the Society of Prevention Research, Washington, DC.

Drabick, D. A., Bubier, J. L., Chen, D., Price, J., & **Lanza, H. I.** (2011). Parent and teacher reports of ODD symptoms differentially predict CD, MDD, and GAD symptoms among

low income, urban children. Paper presented at the biennial meeting of the Society for Research in Child Development, Montreal, Canada.

- Lanza, H. I.,** Conner, B. T., & Longshore, D. (2010). Co-occurring internalizing symptoms and substance use: Impact on situational confidence using a latent class analysis approach. Paper presented at the annual meeting of the Society of Prevention Research, Denver, CO.
- Lanza, H. I.,** & Taylor, R. D. (2010). Parenting in moderation: Family routine moderates the relation between school disengagement and delinquent behaviors among African American adolescents. Poster presented at the biennial meeting of Society for Research in Adolescence, Philadelphia, PA.
- Budescu, M., **Lanza, H. I.,** & Taylor, R. B. (2009). Neighborhood SES, physical activity, and the differential association of individual-level physical activity: Links to individual obesity. Poster presented at the annual meeting of Obesity, Washington, DC.
- Lanza, H. I.,** & Drabick, D. A. (2009). The mediating role of peer victimization on relations between child overweight and oppositional defiant behaviors. Paper presented at the annual meeting of the Society for Prevention Research, Washington, DC.
- Lanza, H. I.,** Chen, D., Price, J., & Drabick, D. A. (2009). Empirically defined peer status: A latent class analysis approach. Paper presented at the annual meeting of the Society for Prevention Research, Washington, DC.
- Symposium chair. (2009). The impact of stress and conflict on adolescent development and the potential moderating influence of parenting. Paper symposium at the annual meeting of the Society for Prevention Research, Washington, DC.
- Lanza, H. I.,** & Drabick, D. A. (2009). Sex differences in the impact of child adiposity and peer exclusion on oppositional behaviors among inner-city children. Poster presented at the biennial meeting of the Society for Research in Child Development, Denver, CO.
- Drabick, D. A., Bubier, J., & **Lanza, H. I.** (2009). Cognitive and peer processes differentially predict parent- and teacher-reported depression among inner-city children. Paper presented at the biennial meeting of the Society of Research in Child Development, Denver, CO.
- Lanza, H. I.,** Drabick, D. A., & Nanayakkara, A. (2008). The moderating effects of parental consistency and structure on relations between child impulsivity and oppositional defiant behaviors. Poster presented at the annual meeting of the Society for Prevention Research, San Francisco, CA.
- Hodgdon, H. B., **Lanza, H. I.,** & Drabick, D. A. (2008). The effects of child behavior problems and daily hassles on maternal generalized anxiety disorder symptoms. Poster presented at the biennial meeting of the Society for Research on Adolescence, Chicago, IL.

Invited Presentations

CSULB, College of Liberal Arts Scholarly Intersections Seminar Series (November 2019)
Drugs at The Beach: E-cigarette/vaping Use and Co-occurring Substance Use among CSULB Undergrads

Williams College, Department of Psychology (November 2018)
Weighing the Risk: Developmental Processes and Pathways to Co-occurring Health-risk Behaviors in Adolescence and Young Adulthood

CSULB, Office of the Provost, Open Forums on Student Success (March 2018)
Public Policy Institute of California (September 2018)
Identifying Factors that Facilitate and Impede Student Success

RESEARCH EXPERIENCE

January 2015-Present
CSULB, Department of Human Development
Risky Health among Adolescents and Young Adults (RHAYA) Laboratory
Role: Principal Investigator
The RHAYA lab uses a developmental social neuroscience framework to identify pathways and processes underlying co-occurring health-risk behaviors from early adolescence to young adulthood.

August 2019-August 2020
USC, Department of Preventive Medicine
USC Tobacco Center of Regulatory Science (TCORS)
Role: Co-Investigator (PIs: Adam Leventhal, Ph.D. and Mary-Ann Pentz, Ph.D.)
The USC TCORS (funded by The National Cancer Institute and Federal Drug Administration) aims to identify e-cigarette product characteristics and marketing approaches that increase tobacco product attraction, use, and addiction in adolescents and young adults.

October 2010-2018
UCLA, Department of Education
UCLA Middle School Diversity Project (MSDP)
Role: Consultant (PIs: Sandra Graham, Ph.D. and Jaana Juvonen, Ph.D.)
The MSDP (funded by The National Science Foundation and The National Institute of Child Health and Human Development) seeks to evaluate the psychosocial benefits of racial/ethnic diversity in urban middle schools across California.

July 2010-July 2014
UCLA, Semel Institute for Neuroscience and Human Behavior
UCLA Integrated Substance Abuse Programs (ISAP)
Roles: Postdoctoral Fellow (2010-2012; PI: Christine Grella, Ph.D.) and Research Associate (2012-2014)
The National Institute of Drug Abuse (NIDA) T32 Training Program in Addiction Health Services Research trains fellows in the etiology, development, and treatment of addictive behaviors. As a Research Associate, I was PI for a NIDA-funded project on the relationship between adolescent obesity and substance use. I was also a Co-I for the UCLA Center for Advancing

Longitudinal Drug Abuse Research (CALDAR; PI: Yih-Ing Hser, Ph.D.) where I examined the impact of maternal substance abuse on child and adolescent health.

May 2009-May 2010 Temple University, Department of Psychology
 Dissertation Research (Dissertation Chair: Deborah Drabick, Ph.D.)
 Using data from the Study of Early Child Care and Youth Development (SECCYD), I assessed emotion dysregulation as a predictor of co-occurring oppositional defiant and depressive symptoms and examined co-occurring symptom patterns across middle childhood.

August 2006-May 2010 Temple University, Department of Psychology
 Child Health and Behavior Study and Children's Play and Friendship Project
 Role: Graduate Research Assistant (PI: Deborah Drabick, Ph.D.)
 The Child Health and Behavior Study assesses children and their primary caregivers to understand how individual and contextual factors interact to increase risk of behavioral and emotional problems during middle childhood. The Children's Play and Friendship Project observes children on the playground to identify peer processes (e.g., victimization) that contribute to the development of co-occurring conduct problems and depressive symptoms.

TEACHING EXPERIENCE

Courses Taught at California State University, Long Beach **2014-Present**

Average Student Evaluation Score on Instruction: 5.9 (6-point scale)

Adolescent and Emerging Adulthood Development	Fall 2018, Spring 2016-2017 Online: Fall 2019, Spring 2018-2019
Child Development	Fall 2014
Introductory Statistics (including 2 lab sections)	Fall 2016-2017, Fall 2020, Spring 2020
Research Methods (including 2 lab sections)	Fall 2014-2015, Spring 2015-2017
Professional Development Seminar/Practicum	Fall 2015-2017, Spring 2015, Summer 2017

Courses Taught at California State University, Northridge **2012-2014**

Average Student Evaluation Score on Instruction: 4.6 (5-point scale)

Applied Social Development (large lecture and regular section)	Spring 2014
Infancy and Early Childhood Development	Spring 2013
Research Methods (including lab section)	Spring 2014
Middle Childhood Development	Fall 2012-2013

Course Taught at University of California, Los Angeles **2012**

Average Student Evaluation Score on Instruction: 8.7 (9-point scale)

Developmental Psychology	Summer 2012
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Courses Taught at Temple University **2008-2010**

Average Student Evaluation Score on Instruction: 4.6 (5-point scale)

Developmental Psychology	Summer 2008, Spring 2009-2010
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Infant Development Fall 2008
Introductory Psychology (Psychology as a Social Science) Fall 2009, Spring 2010

Teaching Assistant

Developmental Psychology (Temple University) Fall 2009, Spring 2009
Psychological Research and Statistics (Pepperdine University-Graduate) Fall 2005

Mentoring

CSULB Undergraduate Research Opportunity Program Mentor, 2018-Present
NIH Building Infrastructure Leading to Diversity (BUILD) Mentor, 2015-Present
NIH/NIDA Asian American/Pacific Islander Summer Internship in Health Sciences, 2013
Ronald E. McNair Post-Baccalaureate Achievement Program, 2009-2010

Undergraduate Theses Supervised

2010; Vanja Pejic, Camille Wilson

Workshops

Research Workshop Series for Department of Human Development, CSULB Fall 2020
Developed and led monthly workshops on evaluating the research process, decision-making and goal-setting, and enhancing purpose and efficiency in publishing scholarly articles

Introducing New CLA Tenure-Track Faculty to Research at CSULB October 2020
As part of the new faculty orientation for CLA tenure-track faculty, introduced faculty to the internal mechanisms and offices supporting research, scholarly, and creative activities (RSCA).

Alternative Modes of Instruction (AMI) Workshops for Department of Human August 2020
Development Introductory Statistics and Research Methods Instructors
Developed and led two workshops on revising assessment and communication for online statistics and research methods courses as well as optimizing the online lab experience

SERVICE TO THE PROFESSION

Ad Hoc Reviewer

Addiction, Addictive Behaviors, American Journal of Preventive Medicine, American Psychologist, Annals of Behavioral Medicine, Drug and Alcohol Dependence, American Journal of Public Health, Evaluation and Program Planning, JAMA Network Open, Journal of Adolescence, Journal of Adolescent Health, Journal of Immigrant and Minority Health, Journal of Pediatric Psychology, Journal of Research on Adolescence, Journal of Substance Abuse Treatment, Nicotine & Tobacco Research, Obesity, Pediatrics, Spanish Journal of Psychology, Substance Use and Misuse, The American Journal of Drug and Alcohol Abuse

Editorial Board

Adolescent Research Review (2015-Present)
Journal of Youth and Adolescence (2013-Present)

Conference Reviewer

Society for Research in Child Development biennial meeting 2015, 2017, 2019
Society for Research in Adolescence biennial meeting 2012, 2018, 2020
Society for Prevention Research annual meeting 2009, 2011, 2012

Other Conference and Society Service

Member, Society for Research on Adolescence Emerging Scholars Committee (2010-2014)
Member, Society for Prevention Research Innovative Methods Subcommittee, 2011
Chair, Society for Research in Adolescence Welcome Committee, 2010
Member, Society for Prevention Research Familial Relationships Thematic Subcommittee, 2009

UNIVERSITY SERVICE

University-Wide, California State University, Long Beach (CSULB)

College Representative, University Research Advisory Committee (URAC; August 2020-present)
Student Training Director, NIH-funded Building Infrastructure Leading to Diversity (BUILD)
Program (August 2017-May 2019)
Statistics Faculty Representative, GE B2 Math/Quantitative Redesign Team (August 2017-May
2019)
Judge/Juror, Annual CSULB Student Research Competition (2016, 2017, 2019)
Faculty Representative, CSULB Tobacco-free Task Force (January 2015-August 2015)

College of Liberal Arts (CLA), California State University, Long Beach

Serving Member, 2020-2021 Sabbatical Committee
Serving Member, CLA Associate Dean Search Committee (Spring 2020)
Serving Member, CLA Data Team – 2025 Chancellor's Graduation Initiative (January 2017
-May 2019)
Serving Member, 2017-2018 and 2018-2019 Research Scholarly Creative Activity (RSCA)
Committee
Chair, 2015-2016 CLA Faculty Personnel Issues Committee
Serving Member, 2018-2019
Serving Member, 2014-2015 and 2015-2016 Scholarly Intersections Committee

Department of Human Development, California State University, Long Beach

Chair 2020-2021, Serving Member 2019-2020 Retention, Tenure, and Promotion (RTP)
Committee
Faculty Lead on Alternative Modes of Instruction, August 2020-December 2020
Serving Member, 2018-2019, 2019-2020 Budget Committee

Department Website Coordinator, May 2016-January 2019
 Chair, 2015-2016, 2016-2017, 2018-2019, 2019-2020 Grade Appeals Committee
 Department Representative, 2014-2015, 2015-2016, Fall 2018 College Faculty Council
 Serving Member, 2016-2017 and 2017-2018 Search Committee
 Chair, 2014-2015 and 2015-2016 Awards Committee

PROFESSIONAL MEMBERSHIPS

Association for Psychological Science	2014-Present
Society for Research in Child Development	2007-Present
Society for Research on Adolescence	2008-Present
Society for Prevention Research	2008-Present

TRAINING

Statistics and Methods

Structural Equation Modeling in Longitudinal Research, Sponsored by the American Psychological Association Advanced Training Institute, June 2020.

Applied Multilevel Models for Longitudinal and Clustered Data, Sponsored by the ICPSR (Inter-university Consortium for Political and Social Research) Summer Program in Quantitative Methods on Social Research at University of Michigan, June 2018.

Structural Equation Modeling (SEM) in Mplus, Stats Camp, Sponsored by the Institute for Measurement, Methodology, Analysis and Policy at Texas Tech University, June 2018.

Applied Longitudinal Mixture Modeling, Stats Camp, Sponsored by the Institute for Measurement, Methodology, Analysis and Policy at Texas Tech University, June 2016.

Group-based Trajectory Modeling and Item Response Theory, Summer Institute on Longitudinal Research, UCLA Center for Advancing Longitudinal Drug Abuse Research (CALDAR), August 2012.

Cross-lagged Modeling and Modeling Ecological Momentary Assessment Data, Summer Institute on Longitudinal Research, UCLA Center for Advancing Longitudinal Drug Abuse Research (CALDAR), August 2010.

Introduction to Mplus and Latent Growth Curve Modeling using Mplus, Summer Institute on Research Methodology, Oregon State University College of Health and Human Sciences, July 2009.

Latent Class Analysis and Latent Transition Analysis, Summer Institute on Longitudinal Analysis, The Pennsylvania State University Methodology Center, June 2009.

Longitudinal Analysis with Latent Variables, Summer Institute Courses on Mental Health, Johns Hopkins University Bloomberg School of Public Health, June 2008.

Data Management

Responsible Conduct of Research, The Office of Research and Sponsored Programs (ORSP), California State University, Long Beach, October 2014.

Social Science Databases for Research and Instruction at CSULB, CSU Social Science Research & Instructional Council, California State University, Long Beach, October 2014.

Early Childhood Longitudinal Study, Kindergarten Class of 1998-1999 (ECLS-K) Data Training, National Center for Education Statistics (NCES), July 2010.

Grant Development

Summer Institute: Developing NIH Proposals, Center for Health Equity Research (CHER), California State University, Long Beach, June 2019.

NIH Grant Workshops: 1) Training, Career Development, and Diversity-Building Activities; 2) Research Capacity Building (SCORE Mechanism), The Office of Research and Sponsored Programs (ORSP), California State University, Long Beach, October 2016.

Developing NIH Proposals Focused on Health Disparities Topics, Center for Health Equity Research, California State University, Long Beach, January 2015.

Cayuse Training for External Funding, The Office of Research and Sponsored Programs (ORSP), California State University, Long Beach, October 2014.

Cayuse Training for External Funding, Office of Contracts and Grants Administration (OCGA), UCLA, October 2010.

Faculty Development

Racial Justice Workshop, Led by the California Conference for Equality and Justice (CCEJ) for CLA Leadership, California State University, Long Beach, October and November 2020

Alternative Modes of Instruction (AMI) Workshops, Recording Lectures with Camtasia; Facilitating Student Engagement on Zoom; Creating Effective Online Assessments, California State University, Long Beach, August and October 2020

Increasing Faculty Diversity: A Follow Up to the 2018 Retreat, California State University, Long Beach, May 2020.

Increasing Faculty Diversity Retreat, California State University, Long Beach, October 2018.

Faculty Teaching Workshop: Preparing Students for Internships and Careers, California State University, Long Beach, August 2017 and 2018.

Building Infrastructure Leading to Diversity (BUILD) Mentoring Community Training Program, California State University, Long Beach, Spring 2016.

Multicultural Mentoring Workshop: Empowering Underrepresented Students in a Diverse Classroom, California State University, Long Beach, March 2016.

MEDIA

Study indicating high co-occurrence of nicotine and cannabis vaping among adolescents and young adults:

https://www.upi.com/Health_News/2020/10/06/Study-Teens-who-vape-nicotine-more-likely-to-also-use-cannabis-e-cigarettes/6991601991053/

<https://medicalresearch.com/tobacco-research/adolescents-and-young-adults-will-frequently-vape-both-nicotine-and-cannabis/55573>

E-cigarette/vaping use among CSULB students:

<http://www.daily49er.com/news/2017/11/14/the-fading-vape-culture>

Research conducted in the Risky Health among Adolescents and Young Adults (RHAYA) Lab:

<http://web.csulb.edu/newsroom/campus-lab-addresses-risky-health-behaviors/>

Study linking obesity to frequent cigarette smoking:

<https://www.sciencedaily.com/releases/2014/08/140828184739.htm>

<http://www.cfah.org/hbns/2014/obese-or-overweight-teens-more-likely-to-become-smokers>